

## 主廚 Rick Bayless 參訪惜食廚房感言

國際扶輪 3523 地區郭俊良前總監 PDG DK 提供

首先，我要由衷感謝我們在台灣所受到的熱情款待與慷慨接待。這一切都讓我深受感動，我們遇到的每一位扶輪人都那麼溫暖、友善與熱情，我真的非常非常感激。

我對這個計畫特別有興趣，是因為我自己在美國也參與了許多類似的服務計畫。對我來說，最重要的事情之一就是「照顧人」，而這正是一個以「照顧人」為核心的計畫。我特別喜歡這樣的事。

我太太的母親，在她生命最後的幾年裡，就是靠一個叫做「送餐到府 Meals on Wheels」的組織提供的餐點生活，這個組織和你們這個計畫非常相似，是將餐點送到行動不便、無法外出的長者家中，通常這些人也都是低收入戶。我認為這是一個非常棒的社區服務方式，而我對這類型的計畫也深深被吸引。

不過我也特別重視與「教育」有關的服務計畫，所以這個計畫中關於教育與培訓的部分也讓我十分感動。我們在芝加哥一個資源匱乏的社區，五年前開始一個培訓年輕人成為廚師的課程。這些年輕人有潛力，但缺乏機會。而你們現在也讓當地年輕人有接受廚藝訓練的機會，無論他們之後是到附近餐廳就業，或是回到這裡成為正式員工或志工，都會用不同的方式重新連結社區、創造新的歸屬感。

這些可以創造出多樣社區關係的計畫，真的讓我非常欣賞，因為它們觸及到許多人的生活。

最後一點，就是有關「食物浪費」的議題。我認為，在任何一個已開發國家，這都是一個非常嚴重的問題，而我們都應該想出辦法去解決。我特別喜歡這個計畫最初的構想：從市場中那些賣相不佳、被遺棄的蔬果開始。雖然它們賣不出去，但這些食材明明還能使用，卻常被丟棄。我很高興這個計畫是從「減少食物浪費」的出發點開始的，這不只是解決環保問題，更能照顧人、凝聚社區。

這些事情對我來說都非常重要。

我也想說，在我這次來台灣所體驗到的所有美好回憶中，這場參訪是最難忘、最觸動內心的一個時刻。我熱愛參與這類型的服務，而得知扶輪社也在做這樣的事，更讓我感到由衷地溫暖。

謝謝你們為你們的社區所做的一切，也謝謝你們樹立了一個榜樣，讓世界各地的扶輪人都能受到啟發，投入這樣的社區服務。

真的非常、非常感謝大家，也再次感謝你們的熱情接待。

First of all, I would like to express my heartfelt gratitude for the warmth and generosity we've received here in Taiwan. I am truly touched. Every Rotarian we

have met has been so kind, friendly, and welcoming, and I deeply appreciate that.

I am particularly interested in this project because I have been involved in many similar service projects in the United States. One of my core values is caring for people, and this is a project that is truly centered on that. I love initiatives that care for people at heart.

My wife's mother, during the last years of her life, received meals from an organization called Meals on Wheels, which is very similar to what you're doing here — delivering food to the elderly who live alone and have limited mobility and income. I believe this is a beautiful way to serve the community, and I'm deeply drawn to it.

I'm also passionate about education-related projects, so I was moved by the training component of your program. Five years ago, in an underserved neighborhood in Chicago, we started a culinary training program for young adults. Many of them had great potential but lacked opportunity. What you're doing here — giving young people a chance to be trained, whether they go on to work in local restaurants or return here as staff or volunteers — is building community in a meaningful and impactful way.

I love projects like this that create connection, inclusion, and opportunity in different forms, while touching so many lives.

Another issue close to my heart is food waste. In any developed country, food waste is a serious problem, and we need creative ways to address it. I'm inspired that this project began by using produce that couldn't be sold simply because it wasn't visually appealing. There is so much food that can still nourish those in need, and your project has found a way to turn potential waste into care, while also addressing environmental and social issues.

This combination — caring for people, reducing waste, and building community — is incredibly meaningful to me.

Of all the wonderful experiences I've had in Taiwan this week, this visit has touched me the most, because it is so close to my heart. I love being part of projects like this. Knowing that Rotary is behind this kind of work warms my heart even more.

Thank you all for what you are doing for your communities. You are setting a powerful example for Rotarians around the world.

Once again, thank you so very much — and thank you for your incredible hospitality.