



追隨青年的步伐

當霍基·瓦富拉 (Shoki Wafula) 被迫離開祖國烏干達前往南非時，他完全不知道未來迎接他的會是什麼。然而，他發現的是一個溫暖友善的扶輪社群。這段經歷啟發他協助創立一個網路扶青社，讓來自世界各地的青年領袖能夠跨越國界，在此聯繫情誼、磨練技能並攜手服務。

如今，該社群的成員橫跨多個大洲，在領導力培養、締造和平以及各項服務計畫上通力合作。對瓦富拉而言，這段經歷讓他更加深信，唯有當人們感受到彼此連結、受到重視並獲得領導能力時，深具意義的服務才得以展開。

他的故事提醒我們，青少年服務月為何如此至關重要。透過扶青社以及扶輪青少年交換這類計畫，年輕人得以培養領導能力、增進國際瞭解，並發掘自身透過服務所能產生的深遠影響。

扶輪的行動計畫 (Action Plan) 呼籲我們要增進參與者的投入程度。這項目標的核心其實只是一個簡單的提問：我們該如何確保參與扶輪對每個人而言，都是既有意義又充實滿足的體驗？青少年計畫與扶青社提供了強而有力的答案。

當扶輪社擔任扶青社員的導師、接待交換學生、或是支持青少年領導力倡議時，便創造了絕佳機會讓社員能以更個人化且更有成就感的方式分享自身經驗。這些連結不僅強化社員的使命感，更加深扶輪家庭內部的羈絆。

這些計畫也為加入扶輪鋪設了長遠的路徑。每

年有數千名年輕人完成扶輪計畫，這些寶貴經驗將受用一生。許多人即便計畫結束，依然渴望與扶輪保持聯繫。

諸如扶輪國際青少年交換歸國學生會 (Rotex International, 由前交換學生組成) 這類團體，協助計畫前受獎人繼續擔任青少年計畫的輔導員、領導人，及倡議者。正如 Rotex 共同創辦人漢斯·李 (Hans Lee) 在近期反思青少年交換前受獎人的文章中所寫的：「交換計畫並不會在你回到家鄉那一刻就畫下句點。」

當我們張開雙臂歡迎這些年輕領導人加入扶輪社及各項活動時，我們便強化了扶輪跨世代的傳承。

適逢青少年服務月，我希望每個扶輪社都能深思，青少年計畫能如何提升新舊社員的參與度。與年輕人合作推動服務計畫，並在規劃及決策過程中傾聽青年的聲音。

扶輪向世界傳遞的訊息是：我們可以團結行善。青少年計畫向我們展示如何將此理想付諸實踐——在不同世代的人齊聚一堂、交流創意、肩並肩投入服務的時候。

當我們投資年輕人時，不僅是在形塑未來的領導者，更是在打造一個更強大、更緊密連結的今日扶輪。

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國際扶輪社長



Follow the youth

Shoki Wafula did not know what to expect when he was forced to leave his birth country of Uganda for South Africa. What he found was a Rotary community that welcomed him with warmth and friendship. That experience inspired him to help create a Rotaract e-club where young leaders from around the world could connect, develop their skills, and serve together.

Today, that community includes members across multiple continents who collaborate on leadership development, peacebuilding, and service initiatives. For Wafula, the experience reinforced the lesson that meaningful service begins with people who feel connected, valued, and empowered to lead.

His story reminds us why Youth Service Month is so important. Through Rotaract and programs like Rotary Youth Exchange, young people build leadership skills, develop global understanding, and discover the impact they can make through service.

Rotary's Action Plan calls on us to enhance participant engagement. At its heart, that goal asks a simple question: How can we ensure that participation in Rotary is meaningful and fulfilling for everyone? Youth programs and Rotaract provide a powerful answer.

When clubs mentor Rotaractors, host exchange students, or support youth leadership initiatives, they create opportunities for members to share their experience in ways that feel personal and rewarding. These connections deepen members' sense of purpose and strengthen the bonds within our Rotary family.

They also create lasting pathways into Rotary. Thousands of young people complete Rotary programs each year, and they carry those experiences with them throughout their lives. Many remain eager to stay connected.

Organizations such as Rotex International, an association of former Youth Exchange students, help Rotary program alumni continue serving as mentors, leaders, and advocates for our youth programs. As Rotex co-founder Hans Lee wrote in a recent reflection on Youth Exchange alumni, "exchange doesn't end when you return home."

When we welcome these young leaders into our clubs and activities, we strengthen the continuity of Rotary across generations.

During Youth Service Month, I hope every Rotary club reflects on how youth programs can enhance engagement for new and longtime members. Collaborate on service projects and invite youth voices into your planning and decision making.

Rotary's message to the world is that we can *Unite for Good*. Youth programs show us how that happens in practice — when generations come together, share ideas, and work side by side in service.

When we invest in young people, we are not only shaping future leaders. We are building a stronger, more connected Rotary today.

FRANCESCO AREZZO
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